



Australia's Most Popular Cherry Varieties

Merchant

A great early maturing variety, it has large sweet fruit and excellent flavour.

Rons Seedling

One of Australia's leading varieties, it tastes delightful, is extremely firm and is great for cooking or preserving.

Bing

"Bing is King" is what they say around the world. This variety excels in flavour and eating quality, and is a predominant export from Australia and the USA.

Stella

These cherries can grow big and are very dark in colour. Perfect for Christmas.

Lapins

This variety extends to New Year, it can be massive in size and taste.

Sweetheart

A newer heart shaped fruit that is one of the last maturing in the season, it is redder in colour but as the name suggests, it is 'sweet'.



Cherries and your Health

Cherries are beneficial in maintaining good health. A study* commissioned by the Victorian Cherry Association (VCA) reviewed a vast amount of current research data about cherries and concluded that there is a strong case to recommend at least one serving of cherries per day, with additional servings delivering more benefits... Cherry lovers will be delighted to know more is better.

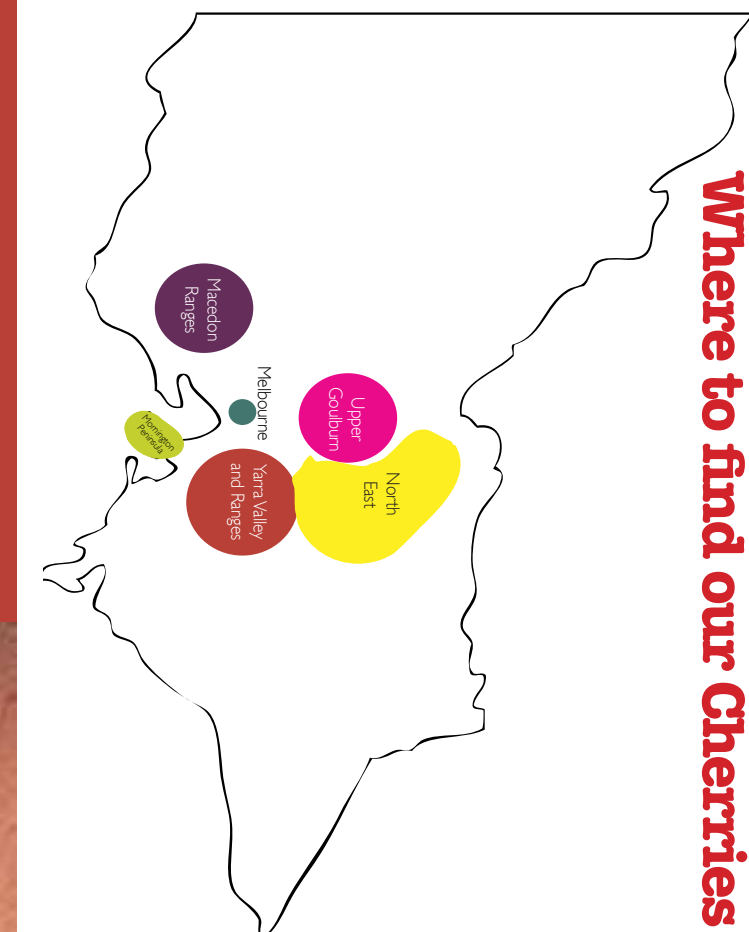
Cherries contain a unique combination of vitamins, minerals, anti-oxidants and anti-inflammatory compounds which act together to deliver health benefits not available from many other plants or supplements.

Vitamins E and C and the flavonoids found in cherries may slow ageing and they may slow or even reverse symptoms of neurological diseases such as Alzheimer's and Parkinson's. Cherries also contain compounds that can help to slow or inhibit the progression of cancer. (Polyphenolic's Egalllic acid and Lignans.)

* The Health Benefits of Cherries, Charlotte Brunt, BSc (Hon) Swinburne University, 2004

Picking your Perfect Cherries

Look for Cherries that are firm, bright and shiny with fresh green stems. Ask if you are allowed to sample some different varieties, as they all taste a little different. Ask about buying the biggest sized cherries if you have a special occasion or a gift in mind – you will stun your friends with the size and quality of these very large cherries.



Where to find our Cherries!



The Victorian Cherry Trail



Yarra Valley & The Ranges

1 Johnson Bros

The Johnson family have been farming in this area for over 100 years. As third generation farmer, Alister, with his family, now grow cherries, peaches, plums and apples. They welcome you to their shed through the season.

Location: 605 Beenak Road
Seville VIC 3139
Melway: 305, E6
Telephone: 03 5964 8440

2 Wandin Valley Farms

Whilst enjoying the beautiful surrounds of the Yarra Valley, why not call in at Wandin Valley Farms, where you can purchase pre-packed cherries to take home and enjoy!! Premium quality and seconds available.

Location: 75 Wellington Road
Wandin North VIC 3139
Melway: 121, B2
Telephone: 03 5964 4669
Website: www.wandinvalleyfarms.com.au
Trading: Nov - Late Jan

3 Cherryhill Orchards

George Riseborough planted the first cherries at this beautiful Wandin Property in 1940. You can try the famous CherryHill export cherries or Pick Your Own in the orchard with magnificent views of the Yarra Valley

Location: 474 Queens Road
Wandin VIC 3139
Melway: 121, H4
Telephone: 1300 CHERRY (1300 243 779)
Website: www.cherryhill.com.au
Trading: Open 7 days, Nov to Feb,
Group bookings welcome

Yarra Valley & The Ranges

4 Lanidale

Len and Margo welcome you to Lanidale Orchards. Come and enjoy a working orchard in the heart of the Yarra Valley. Purchase cherries freshly packed from the tree at wholesale, over 20 unique varieties.

Location: 215 Beenak Road
Wandin VIC 3139
Melway: 121, F3
Telephone: 03 5964 2931, 0418 540 445
Email: honeyman@wehi.edu.au

Trading: Open 7 days

5 OakSun Cherries

OakSun is the home of Charlie Cherry's Fresh Cherries. Charlie Cherry only grows fresh premium Cherries – big and juicy. Grown in the Yarra Valley and Tasmania. Come along, sample and purchase "Australia's Finest Cherries" For online sales visit the website.

Location: 77 Monbulk-Seville Road
Wandin East VIC 3139
Melway: 305, B6
Telephone: 03 5964 2888
Website: www.charliecherry.com.au
Email: info@oaksuncherries.com.au

Trading: Open 6 days (Saturday - Thursday)

6 Chappies

Chappies is the original home of U-Pick in Silvan. We offer our very best Cherries for our U-Pick customers. Buckets are supplied and ladders are not required. You can also pick fresh Berries and there is a selection of Cherries and Berries for sale, freshly picked for you.

Location: 21 Parker Road
Silvan VIC 3795
Melway: 121, F12
Telephone: 03 9737 9534
Website: www.chappies.com.au
Website: enquires@upick.com.au
Trading: Open 7 days, Nov, Dec, Jan

Yarra Valley & The Ranges

7 Blue Hills Cherries & Berries

Owners, Murray and Lorraine Chapman are well established growers of cherries and berries. The Chapman family have farmed in Silvan since 1894, and are best known for their quality fresh fruit and provision of 'Pick your Own' cherries and berries.

Location: 27 Parker Road
Silvan VIC 3795
Melway: 121, F11
Telephone: 03 9737 9400
Email: info@upickberries.com.au

Trading: Open in season, please phone first

North East

8 Smith & Sons of Glenrowan

Glenrowan's first cherry orchard, the best old and new varieties of cherries as well as other seasonal fruits. Cherries start November 1st to Christmas, other seasonal. Award winning home made products, jams sauces and more. We also accept buses and group bookings.

Location: 67 Old Hume Highway
Glenrowan VIC 3675
Melway: 622, C7
Telephone: 03 5766 2335
Email: micksmith@ozemail.com.au

Macedon Ranges

9 Mt Gisborne Cherries

Over 20 different cherries grown including red, black and white. Freshly picked, packed and ready for sale at the farm gate. Situated in the beautiful Macedon ranges amongst many other local attractions, 45 minutes from Melbourne CBD

Location: 425 Mt. Gisborne Road
Gisborne VIC 3437
Melway: 609, F11
Telephone: 03 5428 8044
Website: www.gisbornecherries.com.au
Trading: 8:30am - 6:00pm Wed to Sun. Closed 25th Dec
Extended days for public holidays weeks -
See website or phone

Upper Goulburn

10 Koala Country Orchards

Come to Koala Country Orchards and visit the CherriShed for tastings and sales of fresh cherries, straight from the orchard. Select from our range of cherry wine and liqueur, preserves, sauce and cherry themed gifts.

Location: 6547 Maroondah Highway
Yarck VIC 3719
Melway: 610, S7
Telephone: 03 5773 4250
Website: www.kco.com.au

Trading: Open Friday to Monday, mid November to April

11 Carric Cherries of Flowerdale

Carric Cherries is situated in Flowerdale, 75kms North of Melbourne CBD. We are a small family owned business and have been operating for 10 years. We offer 12 different cherry varieties that are sold at farmgate as well as our popular cherry jam and sauce.

Location: 86 Moores Road
Flowerdale VIC 3717
Melway: 610, N9
Telephone: 0423 519 599

Trading: Late Nov - Mid Jan

Mornington Peninsula

12 Red Hill Cherry Farm

Visit our farm for sweet and full flavoured fresh cherries ready for you to pick straight from the trees

- Pick your own cherries
- Buy freshly picked cherries
- Cherry Port available for purchase
- Pick your own sour morello cherries

Location: 61- 69 Prossors Lane
Red Hill VIC 3937
Melway: 190, K6
Telephone: 03 5989 2237 / 0407 819 751
Email: trevorholmes@pac.com.au
Trading: Only when ripe fruit is available
Saturday and Sunday - 9:00am - 4:00pm
Wednesday to Friday - 10:00am - 4:00pm

About the Victorian Cherry Trail

This brochure has been put together by the Victorian Cherry Association which represents Victoria's leading cherry growers.

Victorian cherry growers believe that cherries are nature's perfect snack food, which almost no-one can resist – and they are important in keeping you healthy too.

We are pleased to present this list of leading Victorian Growers for you to visit and enjoy, each one a different experience.

*Group and coach visits are usually welcomed, but you should ring ahead to check availability.

November	December	January
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Peak Season

Victorian Cherry Association
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PO Box 612
Mooroopna VIC 3629